

# JTHS UNIFIED



## TRACK AND FIELD

**Goal:** In partnership with Special Olympics New Jersey, we are establishing a inclusive interscholastic athletic program using the Unified Sports model that Special Olympics pioneered. Unified Sports joins people with and without intellectual disabilities on the same team, promoting social inclusion through shared sports training and competition experiences. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

**Benefits:** The Unified sports program will provide a platform for positive social interaction between students with and without disabilities. Through sports, Unified athletes and partners are given the opportunity to spend time together and share a common interest and goal.

### Expectations:

- 1) Meet once a month after school to participate/plan activities and events.
- 2) Practices every Wednesday after school until 3:30pm- practices starting on March 14<sup>th</sup>
- 3) Participate in the final meet on May 24, 2018.

Location: Jefferson Township High School Track

Time: 4:00pm



***We invite you to be a part of our team!***